

WELLBEING REWARDS PROGRAM

At McCownGordon we are passionate about enhancing the wellbeing of associates and their families by joining them on their wellness journey; providing resources, connection and encouragement to enjoy healthy, energetic lives. The MGC Wellbeing Portal provides comprehensive resources to help associates achieve their wellbeing goals and earn rewards along the way!

Ways to EARN REWARDS in MGC Wellbeing Portal	INDIVIDUAL COVERAGE (<i>\$250 Maximum Contribution</i>)	FAMILY COVERAGE <i>Associate + Child, Spouse, or Family</i> (<i>\$500 Maximum Contribution</i>)	NOT PARTICIPATING IN MGC HEALTH PLAN (<i>\$250 Maximum Associate / \$250 Maximum for Spouse</i>)
Complete Wellbeing Survey	\$125 HSA: Associate	\$125 HSA: Associate \$125 HSA: Spouse	\$125 Payroll Deposit: Associate \$125 Payroll Deposit: Spouse
Complete Health Screening	\$125 HSA: Associate	\$125 HSA: Associate \$125 HSA: Spouse	\$125 Payroll Deposit: Associate \$125 Payroll Deposit: Spouse
Complete Activities, Challenges, Trainings, and more	Earn points you can redeem for thousands of items in the <i>Rewards Mall</i> within the MGC Wellbeing Portal.		

Associates completing their Wellbeing Survey and Health Screening uploads by the date in the left column will receive their HSA or Payroll Deposit according to the schedule in the right column.

Wellbeing Survey Completion / Health Screening UPLOAD* Date	HSA / Payroll DEPOSIT Date
By March 15	2nd Thursday in April
By June 15	2nd Thursday in July
By September 15	2nd Thursday in October
By November 15	Last Thursday in December

**Health Screenings must be uploaded to the MGC Wellbeing Portal.*

GARMIN DEVICE PROGRAM

Associates may purchase Garmin devices for a discounted rate of up to 20% of retail pricing. Check the home page of the Wellbeing Portal for a link to options. Please contact Sarah Blogref sblogref@mccowngordon.com with any questions.

NEW ASSOCIATES Receive a \$60 Garmin device credit (*free device available*) upon completion of the Wellbeing Survey on the MGC Wellbeing Portal. Contact Sarah Blogref sblogref@mccowngordon.com to place your order.